

Questions to help prepare your child for return to school

1. Can your child follow an adult instruction without support?
2. Can your child wash their hands for 20 seconds without support?
3. Does your child sneeze or cough a lot and unsafely?
4. Does your child like to sit on laps or hug or kiss others?
5. Does your child frequently put objects in their mouth, touch their mouth, nose and eyes?
6. Does your child need daily medication or personal care?
7. Is your child usually susceptible to heightened anxiety?
8. Does your child struggle significantly with changes in routine?