



## Life Cycle UK – Bikeability Parental Consent Form

We are delighted to be able to offer our pupils Bikeability level 2, on-road cycle training.

The course is funded by Swindon Borough Council and delivered by Life Cycle UK. Places are limited and will be allocated on a **first come first served** basis.

Your child will need a roadworthy bicycle to take part. They will be riding on-road, with qualified instructors and must be able to cycle already, it is **not** a beginners course.

The course dates are: **Term 5 Thursdays – 25<sup>th</sup> April, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> May 2019**

### Please make sure your child comes to school with:

- Roadworthy bike – See safety check details below.
- Helmet - if required.
- Weather appropriate clothing (raincoat, gloves, sunscreen etc)
- Water bottle
- Lock - Bikes are to be locked in the bike shed on arrival at school.

### What to do now:

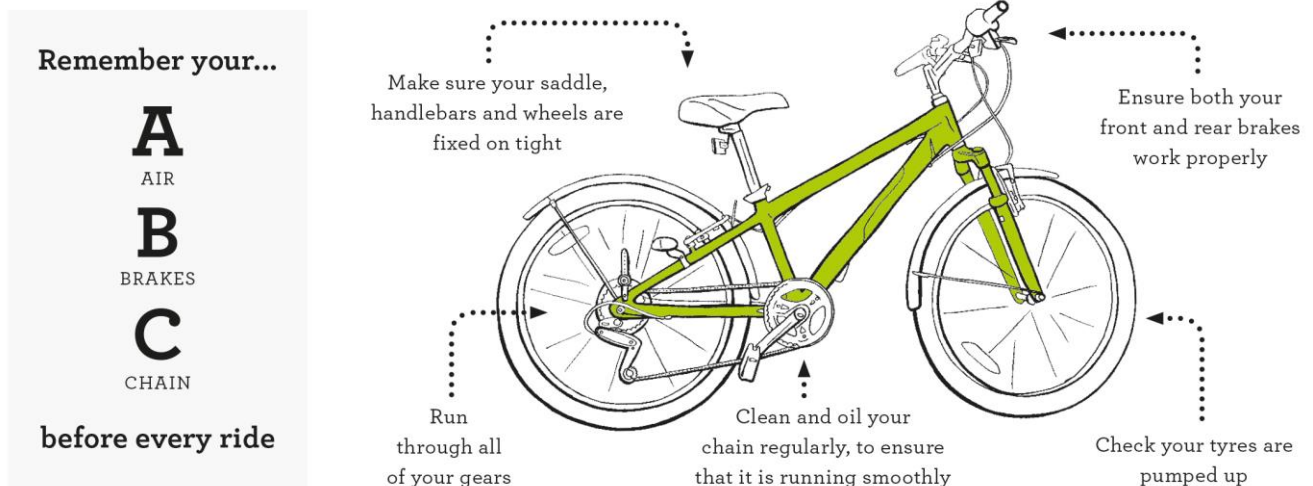
- Keep this page for your information.
- Complete and return the following page to school by: **Friday 8<sup>th</sup> March 2019**
- Check your child's bike in advance and fix any problems.

### Bikeability Participant's Hub:

- FREE Halfords Bike Check - 10% OFF Halfords Bikes & Accessories - A Chance to WIN a Carrera Kids' Bike.
- Find out more about Bikeability as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course
- Register at: [bikeability.org.uk/participants-hub](http://bikeability.org.uk/participants-hub)

## Pre-course bike safety check

Visit Halfords online safety check [www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check](http://www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check)





## Life Cycle UK – Bikeability Parental Consent Form

Child's Name:

Age:

Gender:

School:

Class:

Your Name:

Your Email:

I am the parent / legal guardian of the child I am registering, and give my consent for them to participate in cycle training provided by Life Cycle UK. I understand that:

1. My child must have a roadworthy bike to participate.
2. Training will take place in public spaces and on public roads.
3. Life Cycle UK is not liable for any injury, loss or damage to persons or property before or after the session including on journeys to and from the venue.
4. Completion of the training session does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice.
5. I accept that the instructors may at any time refuse to continue to train my child if their behaviour or ability level is deemed to be unsuitable.
6. It is my responsibility to decide if my child should wear a helmet. Unless school policy states otherwise. If my child does not wear one, Life Cycle UK will not be liable for the results of any injury that may have been prevented by the wearing of a helmet.

**Schools** - Please tick if it is school policy for children to wear a helmet:

**Parents** - Please tick if you have provided a helmet and wish your child to wear it:

*NB – If you tick either of these boxes then your child must have their helmet and wear it. If they do not, they will not be able to take part in training.*

Does your child have special educational needs, physical needs or behavioural problems? **Yes/No**

Does your child have any medical condition we should be aware of? **Yes/No**

If yes to either of the above, please give details:

Signed:

Date: