

The Eatery @ St Francis

Menu: January - March 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/01/24 22/01/24 20/02/24 11/03/24	Pepperoni cheese pockets ^{1 2 4 5} Cauliflower cheese with broccoli and potato (v) ^{1 5} Jacket Potato with filling ¹ School packed lunch	Sausage and diced potatoes ^{4 5} Veg sausage & diced potatoes (v) ⁵ Beans on toast ^{1 5} School packed lunch	Beef stew with mash topping Macaroni cheese (v) ^{1 5} Tomato soup with a baguette ^{1 5} School packed lunch	Roast chicken with roast potato Quorn roast fillet (v) Jacket Potato with filling ¹ School packed lunch	Fish fingers and chips ^{5 6} Veggie fingers and chips (v) ⁵ Jacket Potato with filling ¹ School packed lunch
Week 2 08/01/24 29/01/24 26/02/24 18/03/24	Beef burger with wedges ⁵ Tomato pasta (v) ⁵ Jacket Potato with filling ¹ School packed lunch	Chicken Korma with rice ^{1 5} Veggie Korma with rice (v) ^{1 5} Beans on toast ^{1 5} School packed lunch	All day breakfast ^{4 5} Spaghetti carbonara (v) ^{1 5} Tomato soup with a baguette ^{1 5} School packed lunch	Roast Chicken with roast potatoes Vegetable stir fry noodles(v) ^{2 4 5 9} Jacket Potato with filling ¹ School packed lunch	Cod goujon wraps and chips ^{1 5 6} Veggie nuggets with chips (v) ⁵ Jacket Potato with filling ¹ School packed lunch
Week 3 15/01/24 05/02/24 04/03/24 25/03/24	Tuna pasta bake ^{1 5 6} Veggie omelette & potato wedge (v) ^{1 2} Jacket Potato with filling ¹ School packed lunch	Cottage pie Vegan cottage pie (v) Beans on toast ^{1 5} School packed lunch	Ham and cheese pizza ^{1 5} Cheese and tomato pizza (v) ^{1 5} Tomato soup with a baguette ^{1 5} School packed lunch	Roast beef with Potatoes Yorkshire pudding ⁵ Vegan sausage roast (v) ⁵ Jacket Potato with filling ¹ School packed lunch	Fish fingers and chips ^{5 6} Veggie Burrito and chips (v) ^{1 5 8} Jacket Potato with filling ¹ School packed lunch

All lunches are served with a selection of vegetables and/or salad

School Packed Lunch contents:

Roll with a choice of ham, cheese or jam ^{1 5}
 Cheese stick/string/babybel ¹
 Packet of crisps
 Piece of fruit/vegetable
 Biscuit/cake/muffin/flapjack ^{1 5}
 Drink

Key to symbols (food contains):

1. Dairy
2. Eggs
3. Celery
4. Sulphates
5. Gluten
6. Fish
7. Lupin
8. Mustard
9. Soy

Hard copies of recipes showing all ingredients and allergens is available by request to:
 Chef@stfrancis.swindon.sch.uk